30 Simple Rules for College Success

1. **Attend all classes and go to every class prepared to participate and contribute.**
2. **Plan ahead; make the best use of your time each day.**
3. **Be organized, and stay that way. Use your MMC planner.**
4. **Choose a positive attitude about learning.**
5. **Read all instructions carefully and follow them completely.**
6. **Make the most of your time in class. Pay attention and take good notes. Ask questions.**
7. **Take your personal health seriously. Eat healthy, exercise regularly, and get enough sleep nightly.**
8. **Focus on doing your best work in every class. Aim for A's, B's, and C's in all of your classes so you'll always be in good standing.**
9. **Stay motivated with your mind set on your goals.**
10. **Complete all assignments on time (make no excuses; tell no lies).**
11. **Do your own work. Don't cheat.**
12. **Make the most of your study time---identify your best times & best places to study effectively.**
13. **Identify at least one faculty/staff mentor and one student mentor.**
14. **Cultivate strong study habits. Make them part of your daily routine.**
15. **Get purposefully involved in campus life.**
16. **Ask for help whenever you need it. Utilize the tutoring services.**
17. **If you fail at something, "fail forward". Learn from your mistakes.**
18. **Don't gossip--- if it's hurtful or untrue, don't repeat it.**
19. **Be your own best friend.**
20. **Be a good friend to others.**
21. **Remember that you are not immortal--- be safe.**
22. **Be assertive; not passive or aggressive.**
23. **Be open with those closest to you.**
24. **Live consistently with college policies (no disciplinary file).**
25. **Move beyond your comfort zones—do new things, meet new people, see new places…….**
26. **Fight the temptation to procrastinate.**
27. **Stay informed. Check your MMC e-mail daily.**
28. **Hold yourself 100% accountable for your actions and choices, and their consequences.**

29. **Never give up on yourself. Keep working at being the best student and the best person you can be.**
30. **Appreciate every day that you are here at Martin Methodist College. A college education is not something to be taken lightly or for granted.**