

**B.A./B.S. HUMAN PERFORMANCE AND PHYSICAL EDUCATION
DEGREE REQUIREMENTS (2020-2021)
Emphasis in Physical Education (Non-Licensure)**

Student Name: _____

Mentor: _____

GENERAL EDUCATION CORE REQUIREMENTS

Course	Credit Hrs.	Term Taken	Grade
First Year Experience FYE 101	1	_____	_____
English ENG 101/101E	3	_____	_____
ENG 102/103.....	3	_____	_____
Literature (3 hours selected from ENG 201, 202, 203, 204, 205, or 206)			
ENG _____	3	_____	_____
Speech ENG/COMM 221	3	_____	_____
Humanities, Writing, or Speech (May be satisfied by completing 6 sequential hours of literature, or an upper level literature, writing, speech, history, or religion / philosophy course)			
_____	3	_____	_____
Computer Literacy MIS 110, 220, or 240	3	_____	_____
Religion/Philosophy			
REL <u>101 or 102</u>	3	_____	_____
REL <u>101, 102, 201, 241, or 251</u>	3	_____	_____
History (6 sequential hours 111-112 or 201-202)			
HIS <u>111 or 201</u>	3	_____	_____
HIS <u>112 or 202</u>	3	_____	_____
Math MAT 231	3	_____	_____
Natural Science			
BIO 111	4	_____	_____
BIO 112	4	_____	_____
Fine Arts (3 hours selected from ART 121, ART 131, ART 143, ART 211, ART 251, MUS 231, MUS 233, MUS 235, MUS 236, or ENG/DRA 131)			
_____	3	_____	_____
Physical Education (any activity course)			
HPPE _____	1	_____	_____
Social Sciences (3 hours selected from PSY 113, SOC 211, BUS 201 BUS 202, or HIS 221)			
_____	3	_____	_____
<u>Satisfies B.S. Degree Requirement</u> – Required Science			
BIO 201	4	_____	_____
<u>For B.A. Degree ONLY</u> – Additional Intermediate Foreign Language			
FLG 2 _____	3	_____	_____
FLG 2 _____	3	_____	_____

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Required Science Courses.....	<u>4</u>		
BIO 202	4	_____	_____
Required Human Performance & Physical Education Courses	<u>19</u>		
HPPE Activity Course	1	_____	_____
HPPE 200 Foundations of Health, Physical Education, and Sport.....	3	_____	_____
HPPE 211 First Aid and Emergency Care.....	3	_____	_____
HPPE 390 Research Methods in Human Performance.....	3	_____	_____
HPPE 401 Exercise Physiology.....	3	_____	_____
HPPE 406 Kinesiology/Biomechanics	3	_____	_____
HPPE 499 Human Performance Capstone.....	3	_____	_____
Additional Required for Non-Licensure Emphasis	<u>24-27</u>		
HPPE 111 Personal and Community Health	3	_____	_____
HPPE 240 Nutrition for Health and Performance.....	3	_____	_____
HPPE 320 Motor Learning	3	_____	_____
HPPE 325 Activity Skills: Team and Individual	3	_____	_____
HPPE 343 Essentials of Adaptive Physical Education.....	3	_____	_____
HPPE 402 Administration of Physical Education and Sport.....	3	_____	_____
HPPE 423 Test and Measurement in Physical Education	3	_____	_____
HPPE 498 Human Performance Internship	3-6	_____	_____
Human Performance & PE Electives (choose from the list below)	<u>12</u>		
HPPE 210 Human Performance Practicum	3	_____	_____
HPPE 321 Physical Education for Elementary Teachers.....	2	_____	_____
HPPE 324 Philosophy and Techniques in Coaching	3	_____	_____
HPPE 330 Assessment and Care of Athletic Injuries	3	_____	_____
HPPE 345 History of Sport and Physical Education	3	_____	_____
HPPE 430 Exercise Prescription & Fitness Appraisal	3	_____	_____
HPPE 485 Driver Education.....	3	_____	_____
HPPE 486 Advanced Driver Education & Safety.....	3	_____	_____
HPPE 487 General Safety and Lab.....	1	_____	_____
Electives (choose from the list below)	<u>6</u>		
PSY 211 Developmental Psychology-Lifespan.....	3	_____	_____
PSY 308 Psychology of Learning and Cognition.....	3	_____	_____
SOW 360 Multicultural Education	3	_____	_____
Elective Courses*	<u>0-6*</u>		
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Total Hours Required for Degree	<u>121*</u>		

*At least 45 hours must be upper-level (300 or 400)
*All HPPE majors must make a "C" or higher in all HPPE courses.